Pastor's Weekly Devotional – January 22nd, 2014 "The Miracle of Breathing"

If you are reading this devotional, you are breathing. If we are healthy, breathing is effortless and not noticeable. But it is not that simple. Breathing is controlled by our nervous system and regulated by the respiratory center of the brain with more than 20 respiratory muscles.

With all of our achievements in life no one can claim to have created breathing. Every breath we breathe is a gift from God. He is the Originator, the Sustainer and He has the very last word concerning our last breath.

King David reminds us in 1 Chronicles 29 that everything we have and give to God comes from God. Think for a moment about David's thought. The words we speak come from our breath which comes from God. The offerings we give comes from God because He is the One who gives us the ability and the talent to work. If He doesn't, then we would become totally dependent upon others or the government.

So, whenever a sense of false pride arises, remember that no one doesn't own anything – including his/her first or last breath. What we have was given to us from God's gracious hand. The scripture reminds us that "we <u>live</u>, we <u>move</u> (have mobility) and <u>have our being</u> because of Christ!"

One day, from heaven's perspective, we will see what fruit was borne from the seeds of Time, Talent and Treasures we sowed on earth. God wants us to live an abundant life. He desires to pour an abundance of spiritual and emotional capital into your life. However, He wants to use you to pour spiritual and emotional capital into others. You'll discover you will have a great deal of satisfaction as you invest yourselves in others.

How do you think God feels about you? Does He have a great deal of satisfaction when He looks at you? Think about it. . .

Have a blessed week! See you in church!

Rev. Sewdin