## Pastor's Weekly Devotional- February 23 "Attitude Matters"

As the process of aging takes its toll, there are four attitudes that will demoralize you if you are not careful.

- The <u>first</u> attitude is USELESSNESS. This attitude says: "I'm over the hill. I'm too old. I will be in everybody's way." Uselessness will cause you to die before you die.
- The <u>second</u> attitude is SELF-PITY. Self-pity says: "Nobody cares for me anymore." Invariably, this leads to blame...which leads to bitterness...which leads to hatred.
- The <u>third</u> attitude is FEAR. This outlook causes one to experience not only realistic fear but also unrealized fear. Soon, thereafter, a fearful attitude will lead into a suspicious, paranoid spirit.
- The <u>final</u> attitude is that of GUILT MIXED WITH REGRET. This attitude looks back with a sigh: "If only I <u>hadn't</u>...if only I <u>had</u>..." Guilt and regret feed and enlarge disappointments and discouragement.

Do you see yourself with any of these attitudes? If so, it's time for a major adjustment. In brief, the Christian life boils down to a battle of the Wills – Christ or Ours! Every day we live, we must ask: "Who's in charge today?" If Christ is in <u>charge it means that</u> He is in the driver's seat of our lives...which means that He is responsible for the Route, the Destination and the Whole Journey. Our attitude towards Christ will shape the attitude within ourselves.

So Trust Christ today. Thrust yourself upon Him. Make an attitude adjustment. You have nothing to lose. Nothing to fear.

Have a blessed week. Pastor Sewdin